

Breakfast Menu- 13th -19th May 2024							
Day	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Date	13th May	14th May	15th May	16th May	17th May	18th May	19th May
Morning Milk	Milk / Horlicks	Milk / Bourn Vita	Milk / Horlicks	Milk / Bourn Vita	Milk / Horlicks	Milk / Bourn Vita	Milk / Horlicks
Cookies/Rusk	Salted Cookies	Butter Scotch Cookies	Chocolate Cookies	Cookies	Biscuit		
Milk	Milk	Milk	Milk & Oat Porridge	Milk & Cornflakes	Milk	Milk + Chocos	Milk + Chocos
Bread	Whole-Wheat Breads	Whole-Wheat Breads	Whole-Wheat Breads	Whole-Wheat Breads	Whole-Wheat Breads	Whole-Wheat Breads	Whole-Wheat Breads
Butter /Jam	Butter & Mixed Fruit jam	Butter & Mixed Fruit jam	Butter & Mixed Fruit jam	Butter & Mixed Fruit jam	Butter & Mixed Fruit jam	Butter & Mixed Fruit jam	Butter , Jam , Nutilla
Egg/Cornflakes	Boiled Egg	Cornflakes	Egg Bhurji	Baked Bean	Boiled Egg	Boiled Egg	Egg Bhurji
Savoury	Moong Bean Chilla	Puri Sabji	Breakfast Vermicelli	Grilled Paneer & Veg Sandwich	Pao Bhaji	Stuffed Paratha + Dahi	Onion & Paneer Pancake
Midday Recess At 11.00 AM							
	Apple	Banana	Fresh Mint & Lemon Juice	Cookies	Lemon Juice	Fruit	Fruit

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Lunch							
Salad- Bar	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Salad Bar
Salad- Bar	Mixed Sprouts Salad	Black Bean Salad	Pasta Salad	Roasted Corn & Tofu Salad	Green Sprouts Salad	Mixed Salad	Kachumber Salad
Raita/ Plain Curd	Boondi Raita	Mint Raita	Green Chutney	Cucumber Raita	Vegetable Raita	Boondi Raita	Plain Card
Sela Rice)	Jeera Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice
Chapati	Atta Chapati	Atta Chapati	Atta Chapati	Atta Chapati	Atta Chapati	Atta Chapati	Atta Chapati
Pulses / Daal	Yellow Dal Tarka	Dal Makhni	Black Chana Curry	Kadhi Pakora	Green Moong Masala	Sabut Mili Dal	Chole Masala
Vegetable- /Paneer	Veg & Paneer Jalfrazi	Peas Potato & Makhana	French Bean Soya Carrot	Louki Chana	Aloo Palak Paneer	Bhindi-Do-Pyaza	Jeera Aloo
Pasta /Noodle	Penne In Pesto Sauce	Garlic & Herb Toast	Dahi Vada	Mozerella Topping Pizza	American Chopsuie	Hakka Noodle	Bature
Desserts	Blueberry Souffle	Semolina Coconut Cake	Ice-cream Casata	Fresh Mango Souffle	Tiramisu	Assorted Pastry	Ice-cream
Fruit for Boarders & Extended Day at 3:15PM							
Fresh Fruit	Water Melon	Apple	Fruit Chat	Fruit Chat	Mixed Fruit		
Evening Refreshment for Boarders & Extended Day 5:00PM							
Snacks	Doughnut	Footlong Pizza	Kathi Roll	Calzone Pocket	Veg Patty	Masala Maggi	Spinach & Veg Pakora
Juice/Shake	Glucon D Lemon	Iced Lemon Tea	Barley Lemon Water	Glucon-D Orange	Fresh Lemon Water	Iced Tea	Cold Coffee

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Dinner							
Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad
Chapati	Whole Wheat Chapati	Tandoori Naan /Roti	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Roti	Whole Wheat Roti
Rice	Peas Pulao	Steamed Rice	Steamed Rice	Rice + Dal	Masala Rice	Fried Rice	Steamed Rice
Lentil	Rajma Masala	Yellow Dal Tarka	Chole Rasmisa	Boondi Raita	Mixed Dal Tarka	Moong Dal Fry	Yellow Dal
Chicken /Fish /Mutton/Egg	Chicken Rezella	Tandoori Vegetable	Fish Amritsari	Chicken Biryani	Baked chicken With Broccoli	Chicken Curry	Chicken lababdar
Paneer/Tofu Soya Chap	Dum Aloo Kashmiri	Afghani Paneer	Soya chap Makhni	Paneer Biryani	Aloo Gobi Adraki	Dry Manchurian	Sahi Paneer
Dessert	Butter scotch Cake	Brownie	Fresh fruit Pudding	Profit Roll	Chocolate Custard	Orange Souffle	Marbale Swiss Roll
Night Milk For Boarders After Dinner at 9:00PM							
Milk/Bournvita / Horlicks	Milk /Bourn Vita	Milk /Horlicks	Milk /Bourn Vita	Milk /Horlicks	Milk /Bourn Vita	Milk /Horlicks	Milk /Bourn Vita
We do not use any Food colour, preservative & MSG in food/bakery preparation . Hence the appearance & taste may differ comparing to market product .							